

# Associate in Arts in Athletic Training/Sports Medicine

## Program Overview

Upon completion of this degree, students will have experienced an introduction to athletic training and sports medicine that will propel them to success in future programs of this study. Students can prepare to transfer to a four-year institution to continue their pursuit of a bachelor's, and eventually master's degree, in Athletic Training and Sports Medicine.

## To Learn More About This Program

Contact Dr. Melissa Kennedy at 269-782-1236 or [nhs@swmich.edu](mailto:nhs@swmich.edu).

## Degree Requirements

To earn this degree, students must have an overall GPA of 2.0 or higher, complete a minimum of 60 credit hours, and fulfill the course requirements of the program listed below. Students, working closely with their advisor, are permitted to substitute the courses in the General Education and MTA Courses section below according to the guidelines on page 35 of this catalog. Each general education course, prerequisite course, internship/practicum, and capstone course must be completed with a final grade of C or better.

## Course Offerings

Students pursuing an Associate in Arts in Athletic Training/Sports Medicine may complete select courses for this program online. Courses within this program may also be offered on-site at our Dowagiac or Niles campus.

## General Education and MTA Courses

### COMMUNICATIONS

Course ID	Course	Credits
ENGL 103 or ENGL 103W	Freshman English 2 (or with workshop)	3 to 4 credits
ENGL 104 or SPEE 104	Freshman English 3 or Intro to Human Communication	3 credits

### MATHEMATICS

Course ID	Course	Credits
MATH 127 or MATH 150	College Algebra or Statistics	4 credits

### NATURAL SCIENCE

Course ID	Course	Credits
BIOL 214	Basic Human Anatomy	4 credits
CHEM 100	Fundamentals of Chemistry	4 credits

### SOCIAL SCIENCE

Course ID	Course	Credits
PSYC 101	General Psychology	3 credits
SOCI 201	Principles of Sociology	3 credits

### HUMANITIES

Course ID	Course	Credits
PHIL 210	Introduction to Ethics	4 credits
SOCI 240	Minority Groups in America	3 credits

### Major-Specific Required Courses

Course ID	Course	Credits
EDUC 120	Educational Exploration and Planning	1 credit
ATHL 101	Kinesiology	3 credits
ATHL 105	Introduction to Athletic Training	3 credits
ATHL 110	Athletic Training Clinical I	3 credits
ATHL 115	Athletic Training Clinical II	3 credits
BIOL 215	Principles of Human Physiology	4 credits
HEED 101	Medical Terminology	3 credits
HEED 163	Nutrition	2 credits
PHED 103	Life Wellness	3 credits
PHED 215	Introduction to Recreation	3 credits

**Total Program Credits: 59**  
**(Need 60 credits to graduate)**

### Additional Notes About the A.A. in Athletic Training/Sports Medicine Program

- A prerequisite course may be needed prior to enrollment in some courses within this program. Specific prerequisite requirements are listed in the Course Description section in the Course Catalog. A summary of the prerequisites is listed below in the Example Course Sequence.
- This program as outlined meets MTA requirements.
- This program may not provide a student with all 60 credits needed to earn a degree. Students may need to take additional courses to reach 60 total credits.
- Courses taken out of sequence may delay a student's ability to complete the program in a timely manner. Please consult your advisor regularly.
- Each student should submit a graduation application at least one full semester before they plan to graduate.
- This program is subject to change. Students should consult with their advisor for program updates.

### Example Course Sequence

The following is a sample of a semester-by-semester approach to completing this program.

#### FIRST SEMESTER

Courses	Credits	Prerequisites (Minimum Grade of C Required)
EDUC 120 Educational Exploration and Planning	1 credit	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
ENGL 103 or ENGL 103W Freshman English 2 (or with workshop)	3 to 4 credits	ENGL 103W: English test score (Level 2 or higher) ENGL 103: ENGL 115 or English test score (Level 3); concurrent enrollment in ENGL 115 allowed
PHED 103 Life Wellness	3 credits	None
HEED 101 Medical Terminology	3 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
MATH 127 College Algebra or MATH 150 Statistics	4 credits	See Course Description for details

#### SECOND SEMESTER

Courses	Credits	Prerequisites (Minimum Grade of C Required)
ATHL 101 Kinesiology	3 credits	HEED 101
BIOL 214 Basic Human Anatomy	4 credits	BIOL 101, BIOL 110, BIOL 202, BISC 111, or one year of high school biology with minimum grade of B taken within the last 5 years, or Challenge test score
CHEM 100 Fundamentals of Chemistry	4 credits	MATH 114, MATH 128, MATH 150 (concurrent enrollment allowed), Math test score (Level 2 or higher), or Permission of the Dean; ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
ENGL 104 Freshman English 3 or SPEE 104 Intro to Human Communication	3 credits	See Course Description for details
HEED 163 Nutrition	2 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed

#### THIRD SEMESTER

Courses	Credits	Prerequisites (Minimum Grade of C Required)
ATHL 105 Introduction to Athletic Training	3 credits	ATHL 101
ATHL 110 Athletic Training Clinical I	3 credits	ATHL 101; ATHL 105 (concurrent enrollment in ATHL 105 allowed)
BIOL 215 Principles of Human Physiology	4 credits	BIOL 214; CHEM 100, or one year of high school chemistry with minimum grade of B taken within the last 5 years, or Challenge test score
PHED 215 Introduction to Recreation	3 credits	None
SOCI 201 Principles of Sociology	3 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed

#### FOURTH SEMESTER

Courses	Credits	Prerequisites (Minimum Grade of C Required)
ATHL 115 Athletic Training Clinical II	3 credits	ATHL 101; ATHL 105; ATHL 110
PHIL 210 Introduction to Ethics	4 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
PSYC 101 General Psychology	3 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
SOCI 240 Minority Groups in America	3 credits	ENGL 115, ENGL 103W, ENGL 103, ENGL 104, or English test score (Level 2 or higher); concurrent enrollment in ENGL 115 allowed
Elective (if needed)	1 credit	See Course Description for details